



4U Benefits, in partnership with Healthcare2U, is proud to provide individuals with an affordable, convenient and unlimited Direct Primary Care and Rx (optional)

Download the 4U Benefits mobile app, enter the group number and enroll today!



Group Number: LFDT2 (DPCplus only)

Group Number LFDT2 RX (DPCplus and Rx Valet)



Healthcare2U's mission is to provide affordable and convenient access to excellent primary care, wellness and chronic disease management. We deliver our Direct Primary Care Plus (DPCplus) membership to individuals ages 2 to 65 and accept pre-existing conditions within manageable ranges. Through our proprietary Private Physician Network (PPN)TM across the nation, Healthcare2U is breaking down the barriers to convenient access to quality primary care with a focus on promoting healthy living while preventing disease. Members receive the unlimited services listed below by scheduling care through Healthcare2U's Central Scheduling Department (CSD) during business hours.

Unlimited Direct Primary Care*

- Unlimited doctor visits with a \$10 visit fee
- Unlimited urgent care visits with a \$25 visit fee
- Annual physical¹ with four labs: complete metabolic panel (CMP), complete blood count (CBC), thyroid stimulating hormone (TSH) and lipid panel
- Patient navigation center staffed by bilingual medical assistants to schedule care for members and eligible participants

Unlimited Chronic Disease Management*

- Unlimited treatment and management of 13 chronic disease states for the same \$10 visit fee. Healthcare2U accepts pre-existing conditions within manageable ranges, including:
 - Anxiety
 - Arthritis
 - Asthma
 - Blood Pressure
 - CHF
 - COPD
 - Depression
 - Diabetes
 - Fibromyalgia
 - GERD
 - Gout
 - Hypertension
 - Thyroid

Unlimited Virtual DPC²

- Unlimited access to bilingual licensed medical providers online or by phone, 24/7/365 for minor illnesses and injuries at \$0 out of pocket cost to members

Member Pricing DPCplus Only

Member Only	Member + Spouse	Member + Child(ren)	Member + Family
\$69.00	\$120.00	\$166.00	\$214.00

^fNo walk-ins allowed. Unlimited services (including Virtual DPC/telehealth) must be accessed through Healthcare2U's Central Scheduling Department (CSD). In-office appointments are only available within business hours (Monday through Friday, 7 AM to 6 PM CST). The CSD may direct the member to another level of care if appropriate, depending on the member's condition and utilization of services.

¹Well-woman pap smear pathology interpretation is not included. Dependent on membership, there may be a waiting period (six consecutive months of membership) before the member is granted eligibility for the annual physical.

²Telehealth services are provided through MeMD, a third-party provider. When medically necessary, MeMD's providers can submit a prescription electronically for purchase and pick-up at your local participating pharmacy; however, MeMD providers cannot prescribe elective medications, narcotic pain relievers, or controlled substances. MeMD's providers are each licensed by the appropriate licensing board for the state in which they are providing services, and all have prescriptive authority for each of the states in which they are licensed. MeMD provides access to online medical consultations with physicians, nurse practitioners, and physician assistants who can write prescriptions when medically necessary and permitted by state law. MeMD is not an online pharmacy, and medications cannot be purchased or dispensed from MeMD directly. MeMD is not a replacement for your primary care physician or annual doctor's office visit. Subject to state regulations, MeMD is available nationwide with providers licensed to practice in your state who use video and/or audio technology

*Healthcare2U's Direct Primary Care is a healthcare membership. It is not insurance.



Benefits

As a subscriber to RxValet, the industry's premier pharmacy program, you won't have to worry about the expensive cost of prescription medications. That's because RX Valet has created a powerful system that offers multiple ways to save on prescription medications. RX Valet has created a Medication Subscription Program that provides 37 medications at no cost and 200 medications at just \$1.00, plus great discounts on all other medications.

Our Program Covers:

- Allergy
- Antibiotics
- Arthritis/Pain
- Asthma
- Blood Pressure/Heart
- Bronchitis
- Cholesterol
- Cold/Cough
- Diabetes
- Ear Ache
- Headache/Migraine
- Men/Women's Health
- Mental Health
- Pink Eye
- Poison Ivy
- And many more!

Drugs Like:

- Amoxicillin
- Azithromycin (Z-Pak)
- Cialis (generic)
- Ciprofloxacin
- Glipizide
- Meclizine
- Naproxen
- Omeprazole
- Sprintec
- Viagra (generic)
- Warfarin
- And many more!

The Program is Easy to Use:

You will receive an electronic member card that can be presented at any retail pharmacy (over 67,000 in network) and if on the formulary--only pay \$1.00 or pay nothing (depending on the medication). If it is not on the formulary, your out-of-pocket cost is based on a deeply discounted price.

How this Program Works:

Acute medications (\$0.00 cost) -Present your Rx card to the pharmacy of your choice. Your Rx Card will display your BIN, Group Number and PCN to present to the pharmacist. You will pay nothing at the pharmacy.

Formulary medications (\$1.00 cost).

Formulary Medications- Your one- dollar Medication program provides 200 common acute and chronic medications for \$1 per medication.

You may pick- up your prescription medication at the retail pharmacy of your choice (67,000 in our network).

Only certain doses and quantities for each medications are offered through this program.

After your first retail purchase all CHRONIC medications must be filled through our mail-order service. Our team will contact and work with you to transfer your prescription.

Member Pricing DPCplus and RX Valet

Member Only	Member + Spouse	Member + Child(ren)	Member + Family
\$76.00	\$133.75	\$179.75	\$235.00